

## MALE JACKET

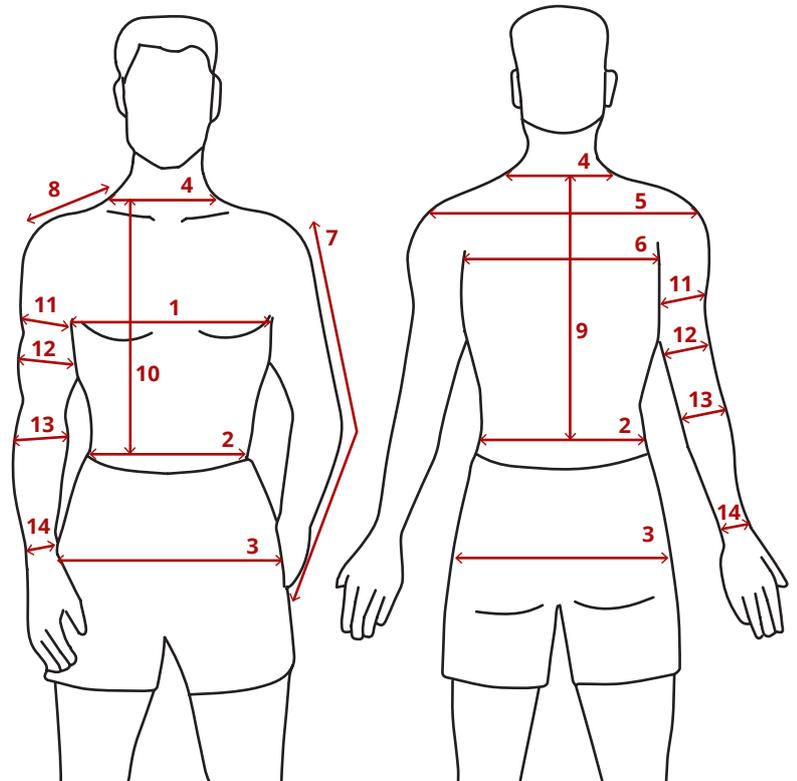
### Basic data

Weight.....kg

Height.....cm

### Measurements

1. Chest circumference.....cm  
*Around the widest point of the chest.*
2. Waist circumference .....cm  
*Around the narrowest waist point. If you have a belly, then over the belly. If you have an unusual figure with a belly, at the point where you wear trousers.*
3. Hip circumference .....cm  
*Around the widest point, taking buttocks and wide tights into account, if applicable.*
4. Neck circumference .....cm  
*Around the neck at the base, where it meets with the shoulders.*
5. Shoulder width.....cm  
*Measure from the tip of the left shoulder, through the back to the tip of the right shoulder.*
6. Back width.....cm  
*Measure through the back from one armpit to another.*
7. Arm length.....cm  
*Measure from the tip of the shoulder, where the arm meets the shoulder, along the arm, through a bent elbow to the wrist bone.*
8. Shoulder length .....cm  
*Measure from the tip of the shoulder to the base of the neck.*



9. Length of the back to the waist .....cm  
*Measure from the base of the neck in the middle of the back, through straight back to the waist line on the back.*
10. Length of the front.....cm  
*Measure from the shoulder next to the neck along the front to the waist line.*
11. Shoulder circumference.....cm  
*Measure at the widest point of the shoulder.*
12. Biceps .....cm  
*Tense the biceps and measure the circumference at the largest point.*
13. Forearm circumference.....cm  
*Measure at the widest point of the forearm.*
14. Wrist circumference.....cm  
*Measure at the point of the wrist bone.*

Measurements should be taken using a centimeter tape in such a way that the tape easily adheres to the body. Read the measurement where the end of the tape meets the other part of the tape. Check whether the measurement has been taken on the right side of the tape, meaning the increasing numbers. Enter the measurement under the relevant number in the table.